

Manual on the Energy Practices

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Warning:

Esoteric Information is based on the Esoteric Model of the World, which principally differs from the modern Social model...

The mastering (acknowledgement) of Esoteric Information demands a certain level of development of Personality and Consciousness, presence of free Energy and Master itself.

It's impossible to master Esoteric Information on one's own - though it seems sometimes that all written is clear!!

Of course, all is clear - but sometimes it has not that meaning, that Author meant...

Everyone understands only that and how, that and how it is presented in its World Outlook (Contract)...

Moreover, the attempts of independent work with the described "practices" without the preliminary preparation (decisions of all Karmic, Mental and Energy problems) can lead to various side effects...

We spread the given material in order to give Information to all interested persons and we recommend convincingly to come to work in the Groups of Development for everyone, who wishes and is ready to go in Esoteric studying...

Energy flows when working in Asiyah - the World of "Action"

Man permanently participates in the energy exchange with the planetary organism.

Vital energy, which is received by person, is named Qi, Ch'i, Prana etc.

This energy passes through the energy channels and meridians in man's cocoon, providing the functioning of all organs and mechanisms of a human being.

If the normal flow of energy disturbs on some reasons, the person falls ill.

Vital energy flows through the man's cocoon irrespective of his consciousness and can have two directions of movement.

The first way called direct or Taoist circle is when energy enters through the channels of legs, rises on the spinal column, washes channels of the head and descends on an anterior part of body to perineum, where passes back to sacrum and rises upwards again.

Thus the part of energy is dumped through the channels of hands.

As if energy channels of legs are wider than channels of hands, the accumulation of energy in the cocoon of person occurs and in this operating mode influence on the outer world is possible.

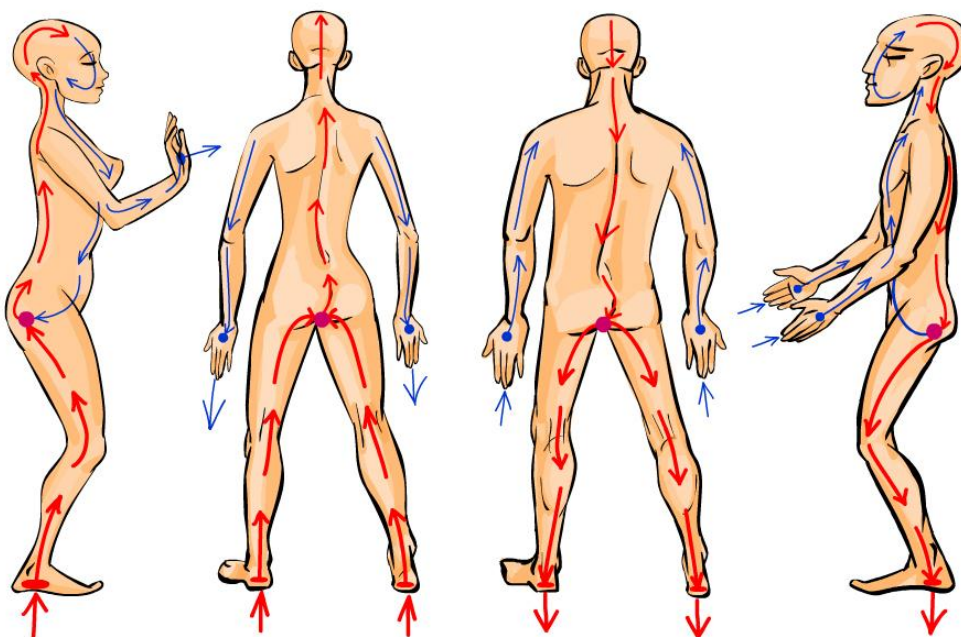
The energy intensity of a human cocoon raises all the time and energy releases outside through channels of hands.

The second way called inverse circle is when energy comes into the channels of hands, rises to the head on an anterior part of body, descends on the channels of the spinal column to perineum and is dumped through the channels of legs.

The lack of energy is created in the cocoon of man during the rotation of the Inverse circle and so the influence to the outside is impossible but the testing of external world is possible since energy permanently enters into channels of hands from the external world.

DIRECT (TAOIST) CIRCLE

INVERSE CIRCLE



The rotation of energy in human cocoon is controlled by the subconsciousness, but the person can force vital energy consciously to rotate for some time on that circle, which's necessary to him at the given moment.

After that, when the attention of the person will be switched to something else, the rotation of energy will return to the subconscious control.

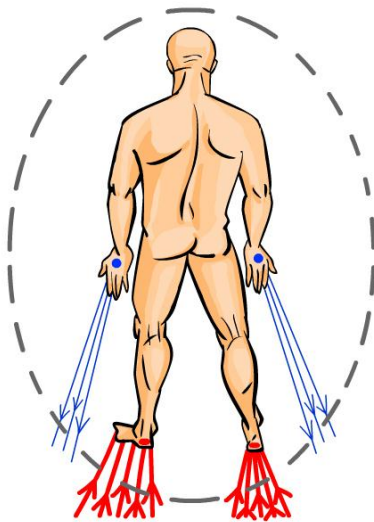
Direct circle leads to the constant accumulation of energy, so people who turn energy in the Direct circle for the most amount of time, have a lot of energy onto various actions but also have the excessive weight as a rule because of the constant surplus of the unused energy transforming to the body weight.

The Inverse circle leads to the lack of energy in cocoon, therefore people, who turn energy in the Inverse circle for the most amount of time, have the lack of energy, and they try to compensate it subconsciously - i.e. to take it away from other people.

Such persons are called "bitchy" between people.

Outwardly, they will be thin as they live in a constant deficiency of energy.

DIRECT (TAOIST) CIRCLE



INVERSE CIRCLE



Two modes of the energy flowing also define the two operating modes of Energy Bodies and human consciousness – the perception of external world and the modeling in own Energy-Informational Space.

The modeling in external world is possible only with a high position of the Assemblage Point and if there is Active Consciousness "super-I"...

When man tells “Are you sure that it has occurred indeed instead of being seemed to you?”, it means that the person does not divide two operating modes of consciousness and so can’t know surely, was he perceived something from the outside, or it was invented by himself.

The operating mode of consciousness (the control of energy circulation in a cocoon) goes on the foreground for people starting to work with esoteric practices.

If we wish to test (to diagnose) external object by our Astral Body, it’s necessary for us to work in the Inverse circle.

And if we wish to influence on the external object by our Astral Body, it’s necessary to work in the Direct circle.

It’s impossible to test and to influence at the same time...

The work with the Internal Dialogue

We call your attention to one exercise, that performs a few functions:
It fills the Pineal Body (the 3-rd Eye) with Energy, stops the Internal Dialogue...

Concentrate your attention in the center of a head.
Feel the density (the ball) of the Energy of Consciousness.

From the centre of head, divide your attention in two and move it simultaneously to Sahasrara and Muladhara.

The Internal Dialogue stops if to keep two centres of attention (in Sahasrara and Muladhara) simultaneously.

Learn to stay in this state and to keep it during the long time.

Then feel the "tube" with the diameter formed with the connection of thumb and middle finger of your hand from Sahasrara to Muladhara...

Feel on breath how Energy is taken in this tube from the both sides - through Sahasrara and Muladhara.

Feel on exhalation how Energy is blowing out from the two sides of the "tube" - through Sahasrara and Muladhara.

It's possible to imagine that both Energy Circles are rotated simultaneously...

We can also "blow out" Energy on exhalation through any one Chakra - for the "blowing off", Energy filling, Harmonization...

We recommend also to use Knowledge Mudra to stop the Internal Dialogue - look in the Mudras section of this Manual.

Energy flows when working in Yetzirah - the World of "Formation"

Incarnated Monad could be compared with a Rider on a Horse, where Human Organism is the analogue of Horse and Consciousness "Super-I" is the analogue of Rider...

Animal Mental and Personal Consciousness "I" (which replaces Animal Mental on the level of development of the 3-rd Caste) is Consciousness of Horse, which provides its survival and reproduction.

On the level of development from the 1-st to the 3-rd and the beginning of the transition to the 4-th Caste, man is more "Horse" (organism) than "Rider" (Consciousness)...

Consciousness of man of the 1st-3rd Caste serves the needs of his Organism (consciousness of Horse)...

Energy Flows of man who stays in the World of Action define the work of Organism and functioning of the Personal Consciousness "I", which services this Organism...

Direct Circle fills all Energy Bodies with energy and they are becoming more active.

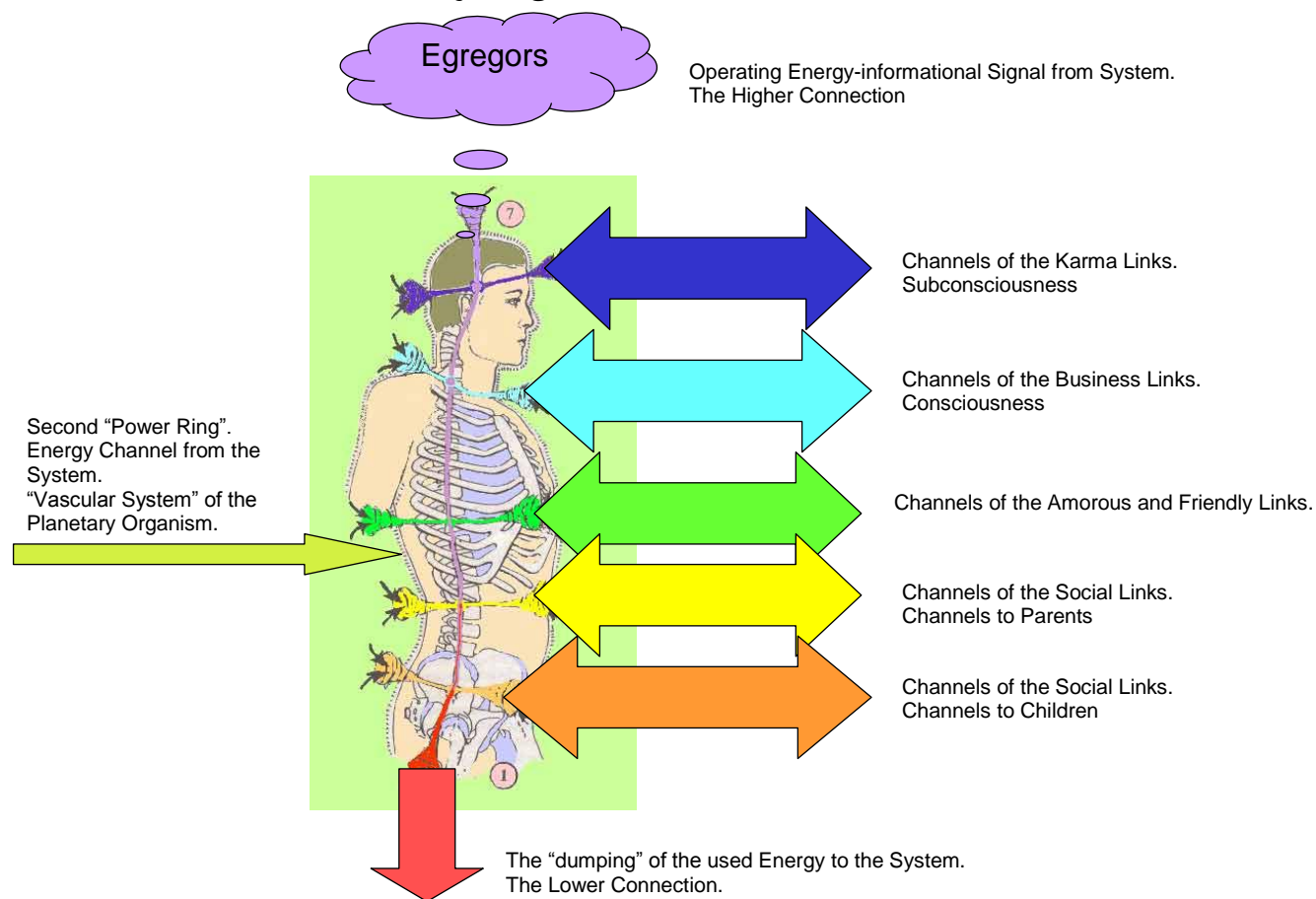
Inverse Circle takes off the energy from bodies and Personal Consciousness - and, as a result, our Subconsciousness becomes more active...

It's not affected by the energy of Organism after the activation of the united Consciousness "Super-I"...

Consciousness "Super-I" is powered from the second Power Ring - the Channel of the Magic Animal...

Direct Circle should be "turned" in organism both in the Testing mode and Influencing mode when we work with Consciousness "Super-I" - in order not to "fall" the "Horse" while the "Rider" explores the World...

Man as a Cell of the Planetary Organism



By analogy to our Human Body, we can consider man as a cell of the Planetary Organism.

Planet Earth is the uniform alive Organism.

Plants are playing the role of lungs, animals are playing the role of vascular system and people are playing the role of Peripheral Nervous System which transfers nerve impulse (Operating Signal of System from the Brain) from Magonia...

Man receives the Operating Signal from System (Celestial World) through Sahasrara chakra, works it off in the system of Horizontal Connections and transfers the low-frequency elements of Signal further - to the more low-frequency areas named Underworld...

Man is the unity of 2 structures - Organism and Monad (Soul).

In consequence of that, we have dubbed systems and machinery - for example, 2 Power Rings, 2 systems of perception and processing of the outer Signal (sense organs and the 3-rd Eye)...

1-st Power Ring works when Organism absorbs food and transforms it in rather low-frequency energy (energy for the filling of the Organism's Bodies – Physical, Etheric, Astral, Animal Mental).

2-nd Power Ring comes to us directly from the System and carries out the more high-frequency Energy exchange between all living organisms as the Cells of System.

Energy from the 2-nd Power Ring powers the Higher Mental Bodies...

It can also power the whole organism...

People with the high Assemblage Point (level of Vishuddha and above) are able to pass fully on the energy supply from the 2-nd Power Ring and fully refuse from food - for example, the movement of Breatharianism (or Inedia).

Man performs 3 base functions during his life as the cell of Planetary Organism:

1. He is functioning as the Nerve Cell of System - carries out and processes the System Energy-Informational Signal with the help of the Right-hemispheric Consciousness.

It occurs at night during the dream.

2. He provides the self survival.

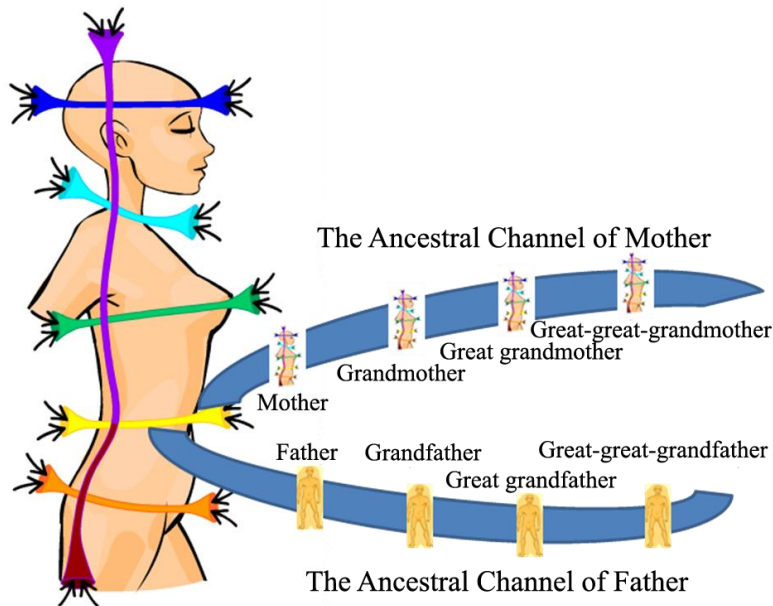
It's all our Social activities, that social man perceives as his main destination, and he permanently tries to find any higher meaning in own life support...

3. He provides the reproduction of the self-like Cells of System...

In the process of many Incarnations the aquirement of experience and complication of the Energy-Informational Structures of man occurs - and that is his Development...

The perception of this processes allows man to take life more consciously, intelligently and purposive - accelerating, ipso facto, own Development...

The Ancestral Channels



Man's Energy-Informational Cocoon is forming under the influence of the Ancestral Egregors of Mother and Father.

Mother's Ancestral Egregor includes all women maternally.

Father's Ancestral Egregor includes all men paternally.

Ancestral Egregors are attached to the human cocoon on the level of Manipura Chakra and are forming two channels.

Man's Channel is on the right from the centre, and Woman's Channel is on the left.

On the perception, Channels consist of Energy-Informational structures, corresponding to our ancestors.

Men and Women perform different functions in the System.

Women (Woman's Generation Egregors) accumulate and save evolutionary information of the development of the human species.

Men (Man's Generation Egregors) acquire this evolutionary information by means of various "experiments".

So, Men and Women initially live in a different way and have different motivation. Modern Society is trying to smooth this System Differences.

Active Woman's Channel is charged with stability and "steadiness" (invariability) in life. Active Man's Channel is charged with adaptability to various living conditions.

We can change both the "stability" of person and his "changeability", adaptability by closing or

opening the Ancestral Channels.

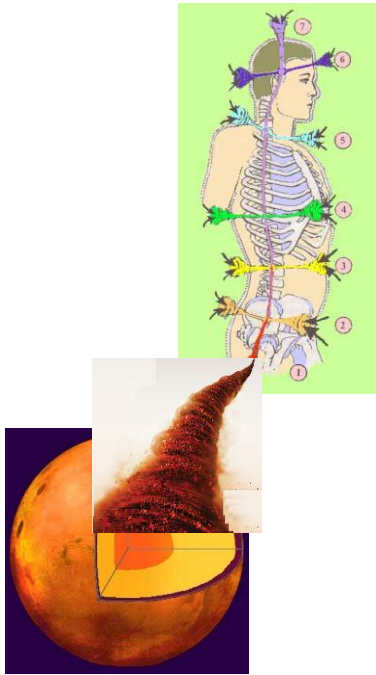
In order to "open" or to "close" the Ancestral Channels, we should tune on them by our Consciousness "I" and make "stable" thoughtform of a tube, decreasing or increasing in diameter.

If there were more or less successful Personalities in Generation, it's possible to make the "balancing" of the Ancestral Channel.

For the "balancing" of the Ancestral Channel, it's necessary to "enter" it by our Consciousness "I", find the needed Personality and increase or decrease its energy.

In order to increase or decrease the Energy of Personality in the Ancestral Channel, we identify with it by own Consciousness "I" and build the "stable" thoughtform of the illuminance increasing or decreasing (like the adjustment of light in a room).

The Lower Connection



Lower Connection is the Energy-Informational link of our most low-frequency Muladhara Chakra with the World of the low-frequency Energies, Underworld.

Through this connection we are released from the Energy-Informational "waste", raising thereby own frequency.

In case of the Lower Connection's blocking, "low-frequency" Energy-Information is starting to accumulate in our Cocoon, that influences on our feeling, health, Energy and Psychic...

For the activation of the Lower Connection we need to tune on own Muladhara Chakra, spin the red energy whirl and direct it mentally to the Earth's Magma...

It's necessary to achieve the stable feeling of the connection of Muladhara with fiery Magma...

We can perceive some dark formations, resembling the "octopuses" while tuning on the fiery liquid Magma by own Consciousness"...

This structures are the Energy-Informational structures of the Underworld...

It's necessary to co-tune by Consciousness with such structure and direct it through the energy whirl to own Cocoon.

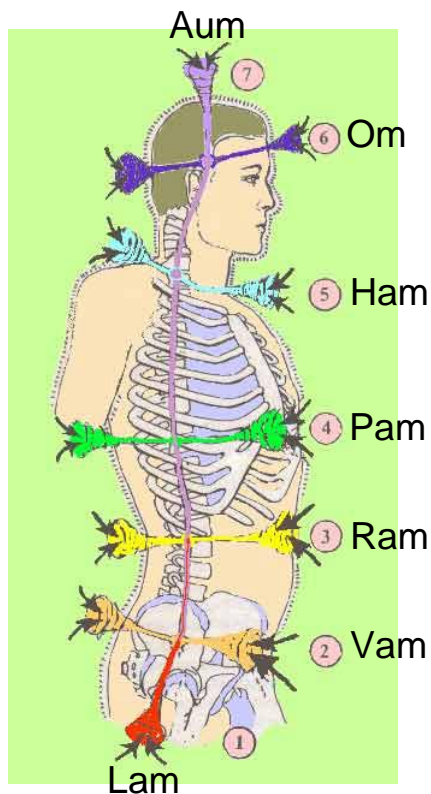
Structures of the Underworld will take away all low-frequency Energy (up to the frequency of Manipura inclusive), and it will immediately have effect on the state of health and feeling...

The Higher Connection

Higher Connection is the energy whirl from Sahasrara Chakra, which provides our connection to the System (to Egregors)...

In case of malfunction of this Energy Channel person loses the Operating Signal from System, which is expressed in loss of vital motivation, depressions, loss of meaning of the life and illnesses...

Chakra's Spinning and harmonization

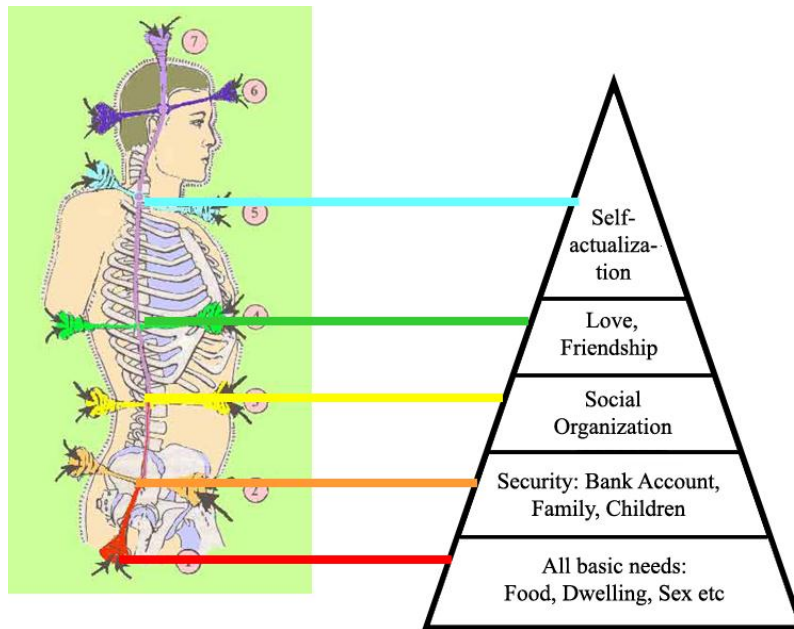


Chakra's Spinning and harmonization is making in such way:

1. Tune by Consciousness on the Chakra (concentrate your Attention in Chakra) starting from the bottom, from Muladhara.
2. Transfer the Energy of your Consciousness to Chakra's area.
3. Spin the Energy whirl by own Consciousness (or 2 whirls - forward and backwards for horizontal chakras).
4. Find such timbre of a voice, that the vibration of the vocal ligaments resounded with the given Chakra.
5. Continuing to Spin Energy Whirls by consciousness, sing the Mantra on the frequency of the given Chakra. The number of times should be multiple of 3 and up to 36 times.
6. Move to the next chakra...

It is recommended to do this practice at least once a day in the morning.

The "Maslow's Pyramid" in aspects of the Development of Personality and Consciousness



Man is Multidimensional Structure, which has 7 bodies.
Every body is built and operated by the corresponding Chakra.

During the development of Bodies of the Reincarnated Monad and Social life, person acquires the experience, which is forming his Personality.

Well-known psychologist Abraham Maslow made the investigations of a huge amount of successful, self-realized Personalities and had come to a conclusion about the presence of the Pyramid of Needs of Personality...

This Pyramid named "Maslow's Pyramid", demonstrates what properties and in what order should be acquired by Personality in every incarnation...

The requirement of properties occurs at the cost of satisfaction of needs starting from the below of pyramid...

It's impossible to move up on the next, higher level without satisfaction of the lower level of Pyramid.

Comparing the Maslow's Pyramid with Esoteric Energy-Informational model of man, we see the evident correspondence of levels of the Pyramid with Chakras and Energy Bodies, which are responsible for realization of this or that need in our life...

Realization of the Maslow's Pyramid is the indicator of successfulness and "normality" of Personality in the Social sense.

We understand from the Esoteric point of view, that it's impossible to realize the levels of Maslow's Pyramid without harmonization and correction of the work of Chakra system, which depends by-turn if there is negative Karma – the acquired Algorithms of Behaviour in Last Incarnations...

Our bodies are developing during many years:

1. Physical body – during 25-25 years,
2. Astral Body – during 30 years,
3. Mental Body of Vishuddha – during 40 years...

Life of person is building accordingly to the development of bodies.

At the age from 20 till 30 years, the Person is occupied with own Physical Body - satisfies its requirements.

At the age from 30 till 40 years, the Person does Career, settles down in Society...

Aged after 40 years, the Person often reforms his private life and starts to be interested in Spiritual development...

Hierarchy of the levels of Consciousness in Society:

1. Worker, Peasant - the First Caste.
2. Merchant, Businessman - the Second Caste.
3. Director, Commander - the Third Caste.
4. Engineer, Scientist - the Passage into the Fourth Caste.

In the modern Society constructed on the Material-Monetary relations, the most profitable are the 2-3 levels, that sometimes "attracts" people of the 4-th level and so deprives them of their development and life of the full value.

Types of Consciousness of the Reincarnated Monad

Man possesses 4 types of Consciousness:

1. Consciousness of Organism – Animal Mental – on the "frequency" of Anahata Chakra;
2. Human Mental - Personal Consciousness "I" on the "frequency" of Vishuddha Chakra;
3. Over-Human Mental - System Consciousness "Not-I" on the "frequency" of Adjna Chakra;
4. Consciousness of Monad – Consciousness "Super-I" on the "frequency" of Sahasrara Chakra...

Let's examine all this Consciousnesses.

Animal Mental, as it follows from the name, is inherent not only to Man, but also to Animals...

It's rather simple Consciousness, working by the principle of the overall (integral) Emotion.

It means that every situation gets the general Emotional rating - the kind of "Good" – "Bad", and person makes decisions depending on this rate – by a principle "If they're Giving something – Take it, and if Beating - Run away"...

This Consciousness does not disintegrate Situation on components and does not analyze each of components...

This Consciousness is inherent to the people of the 1-st - the beginning of the 2-nd Caste...

Animal Mental is the Consciousness of Organism, and Organism is built from the Matrix of the Egregor of Species.

So, Animal Mental is practically the Consciousness of the Egregor of Species.

It's the Consciousness of Adam Kadmon in case of man...

The advantage of this type of Consciousness is its connection to System.

That's why people (especially women) of the first castes sometimes possess good natural intuition...

Personal Consciousness "I" is working on the frequency of Vishuddha Chakra.

During the raising of the Assemblage Point, the amount of Energy on Vishuddha Chakra increases and this Consciousness starts to work.

Personal Consciousness or Human Mental is more complicated "mechanism".

With the help of this Consciousness we study, cognize and comprehend the world, make difficult decisions, build complicated behaviour..

This Consciousness is not "satisfied" already with the general emotional rating of Situation, but will consider and analyze every part, every trifle before it will accept the final decision...

And after that, it will doubt for a long time in the correctness of a choice.

Man can have Animal or Human Mental as more active depending on the AP position, ...

In process of raising of the AP, Human Mental suppresses Animal Mental.

There are every possible complexities from here in the work of physiology - for example, sexual problems of the developed men and women...

Personal Consciousness "I" suppresses the functioning of Animal Mental, which operates Physiology by the principle of "I Like it - I do not like it"...

It's not enough now...

For example, the Man of the 1-2 Caste has seen the nice woman and was excited because she is pleasant...

The same process is much more difficult for man of the 3-4 Caste...

The System Consciousness "not-I" is often called Subconsciousness, but it would be more correct to name it Overconsciousness - because it is more "high-frequency" and more complex than our Personal Consciousness "I".

This Consciousness is the part of the Planetary System and it completely operates our Organism, Situations which are unfolding around us, and operates our Vital Motivation...

Karmic Information, which is acquired during the process of many Incarnations, is collected at the level of this Consciousness.

Consciousness "Not-I" is the source of Intuitive Information...

It's the intuition of a higher level than Intuition of the Animal Mental...

Consciousness "I" and Consciousness "Not-I" are the Energy-Informational machinery of the Incarnated Monad.

As if Man is the unity of two structures - Organism and Monad, many systems of Man including mechanisms of Consciousness are dubbed.

There is Consciousness of Organism and there is Consciousness of Monad.

As animals do not have Monad, they have only Consciousness of Organism – Animal Mental...

Consciousness and Subconsciousness are "joined" with the Cerebral Hemispheres.

Consciousness is connected with the Left, Personal Hemisphere, and Subconsciousness is connected with the right, System Hemisphere.

This "connection" means the following:

When the person thinks, then the multidimensional spatial "geometry" is built in the Energy-Informational multidimensional structure - every possible pyramids, balls, flasks etc...

Psychics can watch the thinking process in the Aura of Man...

Spatial geometry means the irregular pressure in the field around the cerebral cortex.

Nerve cells of a brain (neurons) are stimulated in various way depending on the external field.

So the neural chains, which further will start the mechanisms of organism, are built.

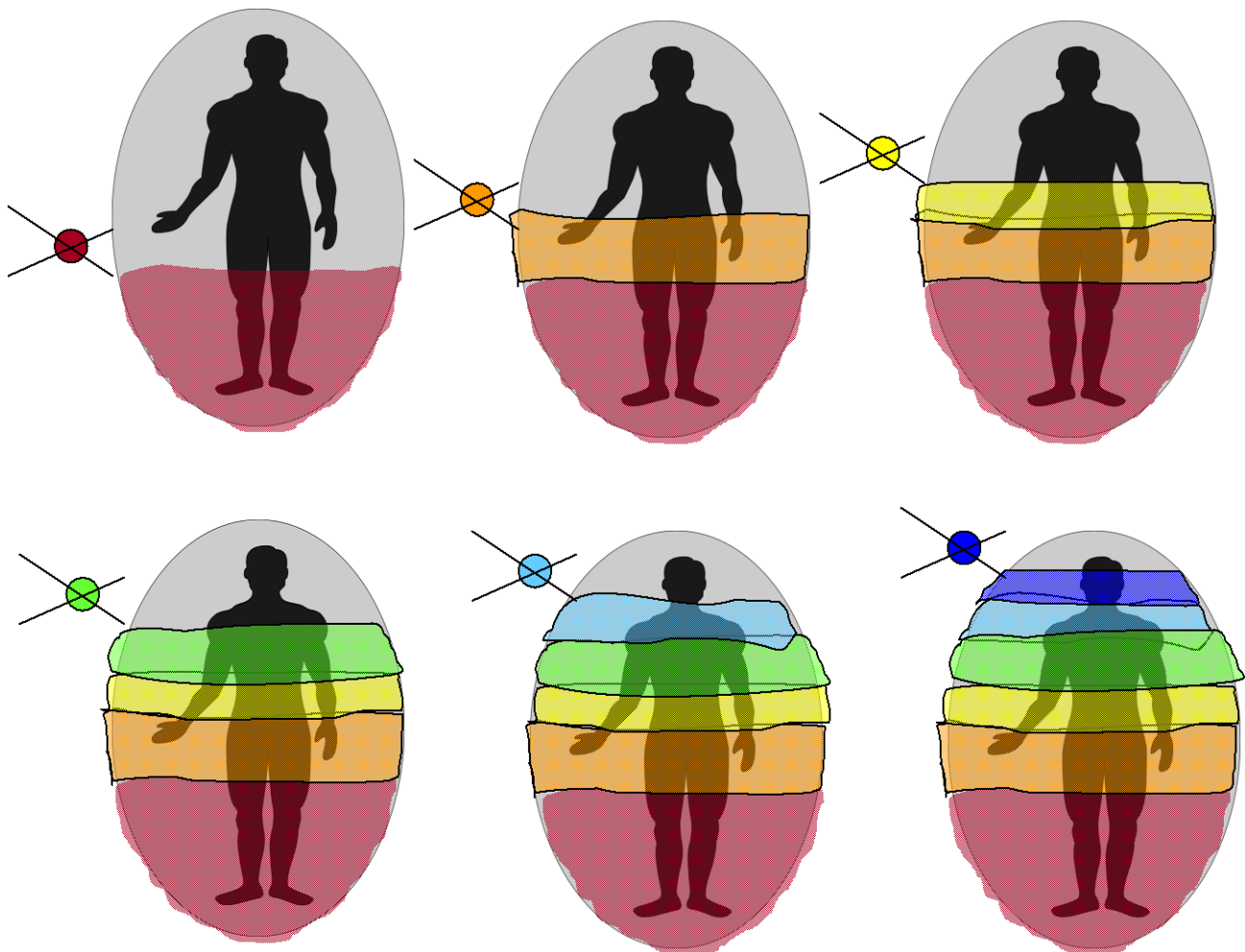
The connection of the multidimensional spatial structures of Consciousness and neurons of the Organism has occurred...

Consciousness of Monad on the "frequency" Sahasrara Chakra is our most high-frequency Consciousness, called "super-I".

By means of this Consciousness the person is connected in System – in Egregors...

The perception of own Consciousness "super-I" by the person occurs in the process of "integration" of Consciousness "I" and "not-I" (Consciousness and Subconsciousness), and is called the First Magic Initiation...

Concept about the Assemblage Point (AP)



Pictures above are the simplified abstract model for the visualization of concept about the Assemblage Point.

Assemblage Point (AP) is the Energy-Informational structure that is forming in Cocoon during the process of Incarnation of Monad...

AP can be conditionally compared to a camera lens, passing and focusing (collecting) external Energy-Information inside the Cocoon...

On the other hand, AP can be compared to the magnetic or laser head which is writing down the information on the Cocoon...

Our Energy-Informational Cocoon can be compared to a computer disk, on which information during the life and lively activity is written...

Information on the Cocoon is written upwards, starting from the low-frequency Muladhara Chakra. Thus, the frequency of the written information raises constantly as the Assemblage Point is lifting upwards.

It defines Evolution of our Personality and development of the potential of our Consciousness.

AP with the written Energy-Information is indeed our acquired Personality during the given Incarnation.

After death of the Organism, the Energy-Information of the given Person is rewritten and is stored in Monad, which can be conditionally compared with the backup of the file's library.

In the next Incarnation, all structures of our last Personalities are forming Subconsciousness – already structured part of the Cocoon.

New Consciousness and AP are forming during the Incarnation over the already acquired structures...

When the whole Energy-Informational Cocoon turns to structure, man is finishing the stage of evolution within the limits of the Planet Earth...

All Energy of the Cocoon is above the already acquired structures.

There are approximately 70% of energy of the Cocoon in the area of AP.

Other 30% are above AP.

So, in the process of structurization of the Cocoon and raising of the AP, there is more and more Energy fed on a cerebral cortex, that leads to the change of work of the Brain and to the appearance of additional Possibilities and Abilities of man...

Location of the Assemblage Point on the Cocoon is tested on the maximum density of Energy at that level of the Cocoon, where the AP is...

The Assemblage Point is in a place of the maximum concentration of energy of the Cocoon.

Methods of detection of the position of AP:

1. Concentrate all your attention in a point and move it in Muladhara.

Start to raise slowly the point of attention in the direction of Sahasrara, tracing your sensations.

All your sensations should be concentrated in this point.

Walk with the concentrated attention from Muladhara to Sahasrara and back a few times...

When the point of your attention will enter into linkage with the AP, you will feel it both with the consciousness and with body...

2. Reject thoughts, start to turn the Inverse Circle. Concentrate attention in a palm - men in left, women in right. Put palm before the body on the distance of 40-50 centimetres and slowly move it from Muladhara up to Sahasrara and back.

When you will enter into the zone of AP, you will feel it both with the Palm and Body.

3. Detection of AP by means of the partner. Partner takes any oblong item in a hand - for example a pencil. Concentrates his consciousness (attention) on it. The partner visualizes energy beam which is coming from the item. He stands before you, directs the pencil on your Muladhara and starts to lift it

slowly upwards, keeping own attention on it.

When the "beam" will reach the zone of AP - both of you will feel it.

4. Relax. Start to throw away all that is not "I".

The world around? It's not me.

Body (legs, hands, head, brain, eyes, heart)? It's not me.

Feelings and emotions? It's not me...

Thoughts? It's not me...

When you'll throw away all - then you will feel the pulsation of AP.

It is really Me!!!

It's that, which perceives the world...

The majority of people coming to the Group of Development have the AP from slightly below Manipura to slightly above Manipura.

The fixing of the Assemblage Point on Anahata is reached by the long-term persistent work.

AP above Anahata - are the single Personalities...

With the help of the first described method it's possible to detect the position of AP of other people also by the photos...

Concentrate the maximum of Energy of Attention in the Head centre, move this Bundle of Energy into the head of the person (or into the head of the person on a photo), and, keeping the attention there, you will start to sense the position of AP of this person on own Cocoon...

Moving of the Assemblage Point

When we speak about the Assemblage Point "moving", we mean its moving on the 22 coordinate axes...

If to examine the moving of the AP on 3 coordinates accessible to us at a present moment, then moving on the Vertical line defines the Level of Development (Caste).

Moving of the AP on the Horizontal plane assembles Various Worlds to us.

Moving of the AP inside and outside of the Cocoon allows us to perceive our Last and Future Incarnations...

Methods of Moving of the Assemblage Point

There are 3 methods of moving of the AP:

1. The Dream – during a dream, our Consciousness is switched off and AP is fixed by nothing...

It means that it starts to move under the influence of the external System Signal, passed during the dream through our Right-hemispheric Consciousness "not-I"...

If left hemisphere switches on during the dream, a Lucid Dream occurs, when the sleeping person

starts to operate his AP in a stream of the System Information, getting to a new parts of the System Signal - to the new Worlds...

2. Stalking - the finding of the outer sources for the AP moving.

It can be people, masterpieces, Places of Power.

Man finds for himself such source of influence on the position of own AP and uses it for the moving of AP...

3. Intention is the aim and the sense of Life.

To produce the "inflexible" Intention means to mark such Aim, for the sake of which man is ready to die...

This Intention through Subconsciousness mechanisms will build the new world around the person and will gradually move him to the new position of AP....

Fixing of the Assemblage Point

Fixing of the Assemblage Point occurs with the help of Belief.

Man Believes, is Assured, that the world is exactly the same, as he represents it to himself, and that his Aims and Senses of life are correct...

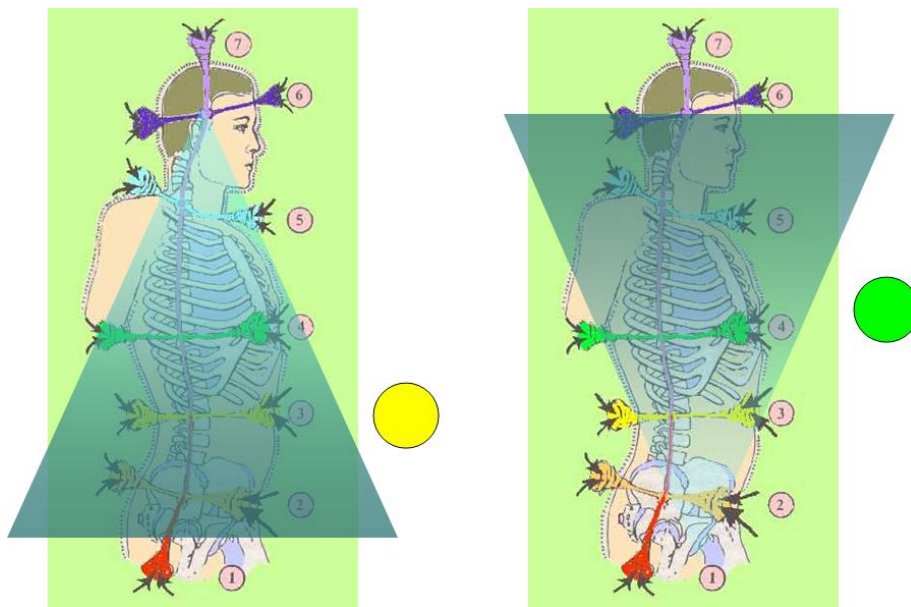
AP will move as soon as the Belief "will reel"...

Exactly for the fixing of AP in new position we study Theory so carefully and build new Model of the World.

No heard or read New Model of the World itself does not work.

AP fixing in new position will occur only after the person will start to live according to new Model of the World and will be convinced of its validity and superiority over the old model...

Energy of Cocoon



Conditionally, it is possible to designate distribution of "multidimensional" energy of the Cocoon

in the form of "triangle".

When the position of the Assemblage Point is below Anahata Charka – the triangle basis is below.

Thus, a little amount of energy is given on the higher Chakras and Cerebral Cortex, which defines the possibilities of Consciousness of the person of 1-3 Castes...

With the rising of AP on the level of Anahata, "triangle" turns over, its basis appears on the level of the top Chakras and, by that, the functioning of Consciousness "sharply" changes...

Exactly for this reason, fixing of AP on Anahata is such a threshold moment, that there is a full redistribution of energy in the Cocoon and the person transforms from "Person-organism" to "Person-consciousness"...

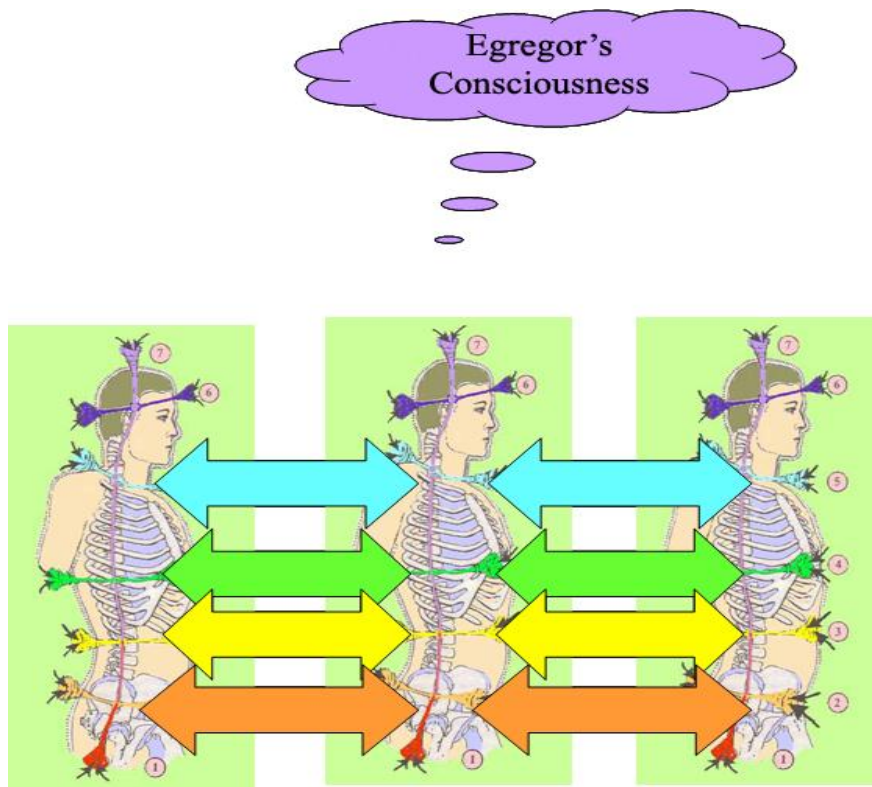
The turning of the Energy "triangle" over can be traced at a certain stage of Energy Practices, when the Adept starts to lift the AP on the level of Anahata.

Thus the sharp energy-saturation of the top Charkas begins...

Someone wrongly accepts the energy-saturation of Vishuddha or Adjna as the position of AP.

AP rises, as a rule, to Anahata in this case, that leads to the redistribution of energy of the Cocoon and unusual sensations on the top Chakras...

Egregors of the Human World and Planetary Egregors



The word "egregor" occurs from the word "Aggregation" (union)...

It's possible to name so any union of any objects.

Man consists of cells and possesses consciousness, which absolutely differs from the cellular...

The integration of a certain number (not less than 10) of people (see the drawing above) on any horizontal Channels creates the Egregor, which have the born Consciousness of the Egregor - Consciousness of the Organism of the 3rd level...

This Egregor will exist while the association of people exists...
We call such Egregors the Egregors of Human World.

They are Egregors of Firms, Sports Commands etc...

Animals also have the Egregors of this kind - an ant hill, a beehive, the bird's flight etc...

The principle of formation of the Planetary Egregor is shown below on the drawing.

It is formed when people are united through the Consciousness "super-I" - through Sahasrara Chakra, and when they consciously create new high-frequency Energy-Informational Structure in external world...

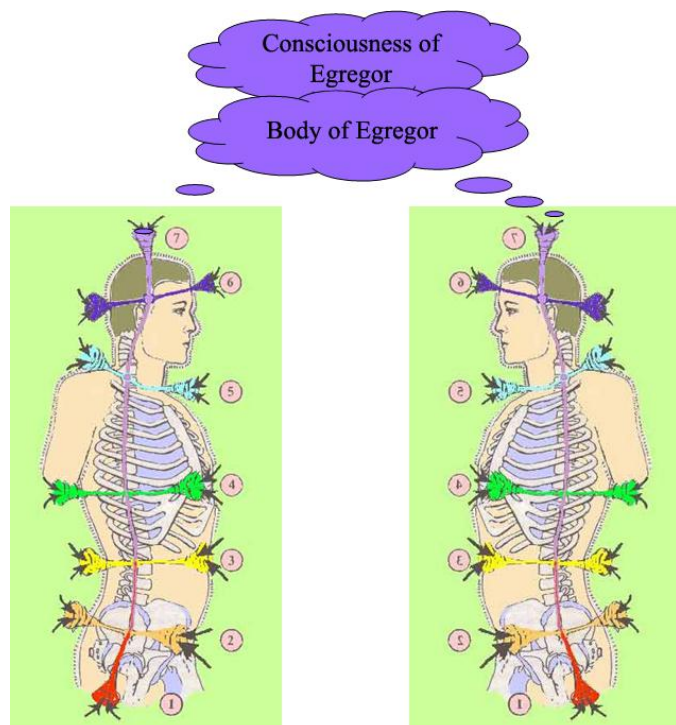
The own Consciousness of the Egregor of this structure is formed...

So, we have body of the Planetary Egregor and Consciousness of the Planetary Egregor...

Planetary Egregors are independent Organisms and can eat Energy of other people independently...

Depending on the complexity of the structure Created in external world, the Consciousness of the Planetary Egregor can be complex or simple, and Egregor itself can be more or less energy-saturated...

These parametres will define interaction of the Egregor with people...



The Egregor Control - Motivation of Life – Algorithms of Behaviour

Man is the "Cell" of the Planetary Organism.

Any cell as a part of multicellular structure (organism) is controlled by this Organism...

The "Egregors Layer" (the number of Egregors of a certain level) is the operating object for Man.

As the person himself possesses the creative (godlike) Consciousness, human collectives create the Egregors of the Human World, or Societies...

Social Egregors also operate the separate person, as well as Egregors of Planetary Consciousness...

Operating signals from Planetary and Social Egregors can mismatch, that is the original cause of Illnesses and problem Situations...

It's possible to explain it on an example of the car which has been constructed by the "egregor" of the car factory and it is intended for exploitation in certain conditions...

But it has come into the hands to the "egregor" of young "auto-racers", which have decided to exploitate the car at own discretion and understanding...

As the result, the car life was sharply reduced...

Man is always connected to Egregors.

Operating Signal from Egregors is Vital Motivation and the source of Desires for the person...

Why one people want one things, and others – another things, sometimes the very opposite? Only because they are connected in different Egregors.

Man builds his Behaviour exclusively on the basis of the own desires.

No free person will never start to do something, that he does not want to do...

So, the behaviour of man, or Algorithms of Behaviour, which the person acquires at each stage of own development, are completely defined with its inclusiveness in Egregors.

The person receives social training and education.

They're learn him "what is good and what is bad"...

Man always tries to explain his Behaviour proceeding from that, what is considered Good in his society...

Thus, the explanation of Behaviour has nothing in common with the Behaviour itself and with his Motivation...

These are essentially different two processes.

As the result of that fact, that man unreasonably considers that he is a source of Motivation of own actions and he acts always proceeding only from the best motives, the Illusion of himself and his life is created...

As it's known, it is always possible to explain and excuse any action, any Algorithm of Behaviour in own eyes...

At a certain stage of development, the person starts to trace the sources of own motivation (Egregors) and learns to switch from one Egregor to another, changing thereby own vital motivation...

When man starts to get acquainted with other world outlooks, then 3 situations are possible:

1. There Will be new Knowledge of the World in the Consciousness of Man without the real connection to new Egregors and without the real change of Motivation and Algorithms of Behaviour.

The person will try to explain the old Algorithms of Behaviour by means of new Knowledge of the World...

No real Change has occurred...

2. The inclusiveness of Man in Egregors will change, his vital Motivation, Algorithms of Behaviour, but the model of the World in Consciousness will not be changed.

He will explain his New Behaviour by means of old model of the world or will start to "construct" new World Outlook Models independently...

It's the change of Existence...

3. Both the inclusiveness in Egregors and the World View will be changed in Consciousness.

The person will explain his new Behaviour by means of New model of the World...

It's the changing of both Consciousnesses and Existence - the most optimum variant for the development of the Personality and Consciousness within the limits of the concrete Contract...

Men and Women, the Joint Development

Man is the Cell of the Planetary Organism .

Thus, Men and Women are performing different functions in the Planetary Organism.

Women are the "storage" of the Evolutionary Information, the keepers of the Genofund.

While men are the constant "evolutionary experiment"...

System tests the new possibilities with the help of Men.

Men are eternal experimenters and researchers...

Consciousness of Man and Woman is optimized to serve its System function.

Men possess Analytical, Logically-Reasonable, Left-hemispheric Consciousness "I", which analyzes the initial data and give out the result according to the aquired Algorithms of Behaviour...

Women possess Heuristic, Intuitive, Right-hemispheric Consciousness "not-I", which is able to read out the information from the area of the Future time of System.

We call this ability "Intuition"...

As our Monad does not have gender, men and women possess both types of Consciousness, but these Consciousnesses are shown differently...

Men, owing to their Analytical, logical Consciousness, analyze "facts" (the accessible information which is always insufficient), while Women scan the Reality and read out finished and, as a rule, true result...

So, woman can tune on any picture of the world, any Model.

This ability is called Mediumship.

Due to it, Women co-tune with Men, who are, as a rule, "rigidly" fixed in their World View...

The optimal union of Man and Woman from the point of view of Esoteric Contract means:

1. Both partners have an identical level of development, or Man has some higher position of the AP (we consider only people of the 3rd Caste and above)...

2. Man aspires to the development. He is not rigidly fixed in the Social Contract and is ready to consider, comprehend and realize the new Information...

4. Both partners understand and accept the features of own Consciousness and Consciousness of the Partner...

5. Both partners are ready to the joint, equal in rights and realized Union, in which the features of each of them will be considered... The form of a joint life is defined as Reasonable Cooperation, in which Man chooses the Aims and leads to the chosen Aims, and Woman accepts these Aims and helps with their achievement... The Aims should suit both Partners...

Both partners should be engaged in Esoteric.

Esoteric is the change of Contract, change of the World Outlook, which involves the change of the vital purposes, senses, plans...

If one of the Partners starts to be engaged seriously in Spiritual Development, and the second is not – it will inevitably lead to one of 2 variants:

1. Disorder of the Partnership;
2. Stopping of the Development...

Two systems of vital motivation

All life and all actions of man are defined by his vital motivation...

Of course we speak about normal - non-blocked and non-complexed person...

There are 2 main vital motivations:

1. Life for someone or something (Kids, Grandchildren, Parents, World Revolution etc)...
2. Life for oneself and for the self-development...

Vital motivation is fully shown with the adult, formed person.

We do not consider Youthful Maximalism, when it seems to young men in 20 years that they have all, that is not like others have...

As the experience shows, it passes by 30 years...

It is necessary to be very fair with oneself in a question of vital motivation because the slyness will lead to the precious years of life, spent for nothing...

People with the second system of vital motivation can live a usual way of life, can have family and children – it will be simply not the main thing for them in a life...

They can also have no family and children, and feel themselves absolutely wonderfully...

For people with the first vital motivation, the people having second motivation are looking as egoists, thinking only about themselves...

For people with the second vital motivation, the people having the first motivation who have turned

their life in the service of children are looking as the "little animals"...

Really, many animals care of their posterity not less than people...

There is still a danger in a question of vital motivation, that problem people, who are not able to build relations and to make a family owing to any real reasons, will start to think out the second vital motivation to themselves instead of eliminating these reasons...

In particular, the hardened egoists, who do not wish to get children from the career or appearance reasons, are as a rule defective social people who start to be sorry about their deeds and strongly suffer from the absence of posterity bitterly closer to an old age...

The person with the second vital motivation is first of all Developed, Realized, devoting himself to the development for many incarnations... That is the man of the 4-th Caste...

Karma and Development

Algorithms of Behaviour, acquired in past Incarnations, are named Karma.

Man is the extended on the time line Personality, which constantly develops and acquires Algorithms of Behaviour in various Vital situations...

When the person gets to the Situation, on which he already has some Algorithm of Behaviour, then this Algorithm is actuated...

Every our Incarnation occurs in various Societies.

All, that was good and correct a little hundreds years ago in the religious environment, can be not such good and correct in modern Society...

In that case, we speak about negative Algorithm of Behaviour – Negative Karma...

The problem of Karma consists in the fact that this Algorithm works at the Subconscious level, and man can nothing do with it with the help of own Consciousness...

For example, man was a Priest in the past life, who has vowed a celibacy and avoided women, thinking that they are the "sin"...

As soon as he tries to become closer with the woman in this life, the old Algorithm of Behaviour actuates – he is feeling bad on the Soul, unpleasant, he does not know how to behave - and, as a result, relations are not built for all his desire...

Any attempts to work with this situation Logically or Psycho-analytically will result to nothing good...

It's necessary at first to "erase" the old Algorithm of Behaviour from Subconsciousness, and only then to acquire new Algorithm of Behaviour by means of Psychology, Psycho-analysis, Books, Friends etc...

Karmic Information is written down on the Cocoon and can be removed therefrom...

The large quantity of events of our life are Karmic...

That, what we call "Love from the first sight" (as the flash), is the Karmic meeting indeed...

We are already familiar for a long time with this person, probably we already were spouses, and now we have met, our Subconsciousness has distinguished the given situation as already familiar and has started Karmic Algorithm of Behaviour...

The large quantity of Karmic Algorithms of Behaviour strongly prevents to build our adequate to this life and the given situation Behaviour, it interferes with our Development...

Human Consciousness hardly distinguishes Karmic Situation and we are inclined to convince ourselves that all is normal – simply we are such as we are - strange and complicated...

Work in the Group of Development strongly promotes to recognition of Negative Karmic Situations and to the removing of the negative Karmic Information...

Having removed the Negative Karmic Information, the person is as though released from chains and becomes more free in own choice and in own deeds...

The basic hindrance of Karmic Algorithms of Behaviour for development consists in the fact that they return the person in that position of the Assemblage Point, which he had during the aquirement of the given Algorithm of Behaviour...

But if Adept begins the accelerated realized Development, it is necessary for him to work constantly on the removing of the interfering Karmic Information...

Influence on the Energy Bodies with the help of Mudras

The ritual arrangement of hands is called Mudra in Sanskrit.

Since the ancient times people used various combinations of arrangement of fingers for healing, for entering in the certain states of consciousness and meditation.

As well as in any doctrine, there are different levels of approach in practice of Mudras.

There is Bioenergetics Approach, based on the knowledge about the projection of Energy Meridians on the body of man. Six main Meridians are ended on three fingers. The shorting of Meridians in a certain way, creates the configuration of energy flowing between organs and, accordingly, influences on the condition of these organs and on the health of the person.

Esoteric Approach is based on the knowledge that there are projections of Energy Centres and Bodies on the hand's fingers.

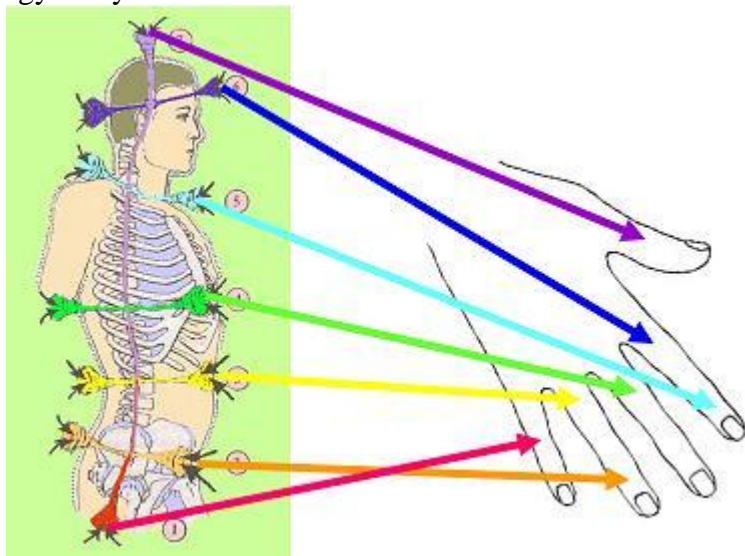
Influence on the Energy Bodies through their projections on Fingers leads to activization of functions of the given Body.

We use Esoteric Approach to the practices of Mudras in this manual.

How the certain positions of fingers and hands could influence on organism, emotions, consciousness?

Energy Centres of Cocoon (Chakras) are projected on hand's fingers.

The use of finger in mudra influences on the work of the corresponding Chakra and it's projection - Energy Body.



Thumb correlates with the Crown chakra (Sahasrara) and the use of this finger in combination will activate its work and connect the person to the System.

Thumb is used almost in all Mudras, which for the umpteenth time confirms the understanding of that fact that life and health of the person is defined first of all by his inclusiveness in System.

Index finger correlates with two chakras - chakra of the Third Eye and Subconsciousness (Adjna) and chakra of Consciousness (Vishuddha).

Adjna is projected on the lower phalange of finger and Vishuddha - on the upper (remote from the palm).

Middle finger correlates with Heart's chakra (Anahata).

Ring finger correlates with two chakras of Organism at once – chakra of the Solar plexus (Manipura) and Sexual chakra (Svadhithana).

Manipura is projected on the lower phalange of finger and Svadhithana - on the upper (remote from the palm).

Pinky correlates with the Sacral (Muladhara) chakra.

It's also important by what hand this or that Mudra is done.

The right hand is positive (Yang), giving or active, and left is negative (Yin) - perceiving or shielding.

Influencing on Chakra we can influence on this or that functions, for which this Chakra is responsible.

Every Chakra is the projection of the Energy Body, having certain function in external world.

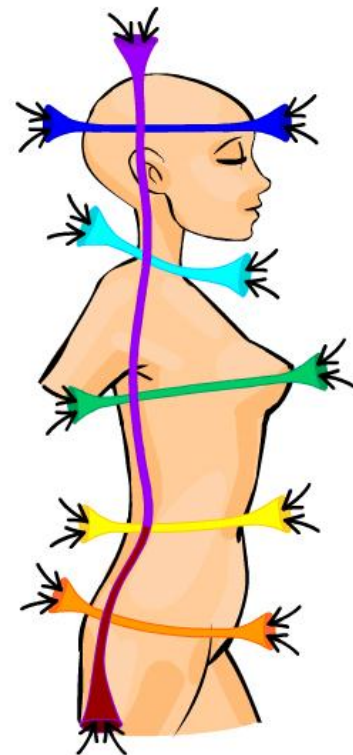
Every Chakra works in a spectrum of a range of frequencies.

There are two resonant focuses in the range of frequencies of every Chakra.

The lower resonant focus defines the influence on various organs of body and operates the organism, and higher resonant focus operates the function of the Subtle Bodies.

Changing the frequency of one or other resonant focus, we affect either organs or Subtle Body operated with the given Chakra.

Functions of every Chakra can be classified according to the influence on the Organism and influence on the Subtle Body, which corresponds to Chakra.



Muladhara chakra is located in the area of the sacrum.

Organism Control:

It is the most low-frequency chakra.

It regulates the work of the physical body.

All our bones, tissues, blood, lymph etc are under control of this energy center.

If Muladhara chakra works incorrectly, then problems with the physical body occur.

Subtle Body Control:

is responsible for all structures of our Physical Body.

Feeling of safety, stability.

The building of the base of a life, sexual relations as such.

Svadhithana chakra is located in the area of the pubis.

Organism Control:

It's responsible for Urogenital system, Hormonal system, Immunity, dependent from the neuro-hormonal background.

Subtle Body Control:

Etheric Body, is responsible for sexual relations in aspect of a child-bearing, the relations with children

Manipura chakra is located in the area of the solar plexus.

Organism Control:

it is responsible for the work of gastrointestinal tract, liver, pancreas, spleen, the Immunity built on the stability of Astral Body.

Subtle Body Control:

Astral Body is responsible for the building of social relations and relations with parents. The person will have constant problems in social life and family if it works badly.

Anahata chakra is located in the area of the heart.

Organism Control:

It's responsible for the work of Heart, Lungs, Bronchial tubes. Fears and depressions are the result of malfunction of this chakra.

Subtle Body Control:

The frequency of the "Animal Mental" is responsible for the building of love and friendly (enemy) attitudes.

Vishuddha chakra is located in the basis of the neck.

Organism Control:

It's responsible for organs of a throat, neck, Thyroid gland.

Subtle Body Control:

This chakra is responsible for human Mental.

It's our personal, self-reflexing consciousness "I".

It's the chakra of communication, building of relationships based on mutual interests.

The person will have problems with learning, cognition and communication if it works badly.

Adjna chakra is located in the area of the brows (on the forehead) - the third eye.

Organism Control:

Eyes, subcrustal structures, organs of hearing.

Subtle Body Control:

Adjna chakra is the frequency of our subconsciousness - consciousnesses "not-I" - frequency of the bodies of the brain.

This chakra is responsible for extrasensory opportunities, intuition.

The person will have eternal failures on vital way if it works badly.

Sahasrara chakra is located in the area of the head's crown.

Organism Control:

It is the most high-frequency chakra.

It's the fundamental frequency of our Mental Body (Consciousness Super-I).
It carries out the communication with the planetary consciousness of the Earth.
Connection with the Egregors.

Subtle Body Control:

Mental Body, is forming "Consciousness Super-I".

This chakra carries out the communication of man with the System (the planetary consciousness).
Person will have problems with a vital motivation if this chakra works badly.

Thus, we can create certain configurations of fingers, stirring up the work of either Chakras.

Making active various Chakras, we make active Energy Bodies and we influence on the Cocoon at different levels:

Astral Body, Mental Body, Astral and Mental Bodies.

Connection of open fingers (influence on a finger-pad or phalanx) stirs up the corresponding Chakras and Bodies, finger pressed to a palm (the closed finger) makes inhibitory and calming effect on their functions.

If fingers are not involved actively in Mudra, corresponding Chakras work in the usual mode.

There are tons of different Mudras, which influence on health, emotions and consciousness .

We suggest to practice some of them, that will help you to improve and keep up harmonious energy state, as we had mentioned on the aquired experience.

1. KNOWLEDGE MUDRA (The Gyan Mudra)

This mudra is from the most important ones.

Stops the Internal Dialogue.

Raises concentration.

Improves thinking, stirs up memory, concentrates potential possibilities.

Many thinkers, philosophers, scientists were used and are using this Mudra.

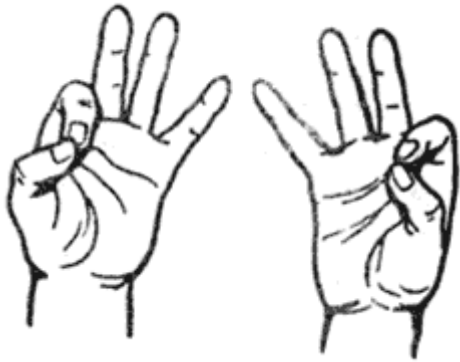
Execution:

Thumb slightly touches the tip of index finger.

The remained fingers are straightened and relaxed.

Chakras involved:

Sahasrara, Adjna, Vishuddha (Activization of the Personal Consciousness "I")



2. MUDRA OF LIFE (Prana Mudra)

Execution of this Mudra equalizes the energy potential of all organism, promotes to the strengthening of its vital forces.

It raises the efficiency, gives a cheerful state, endurance, improves the general state of health.

Execution:

fingertips of ring finger, pinky and thumb are joined together, and remained fingers are straightened and relaxed.

It is done by both hands simultaneously.

Chakras involved:

Sahasrara, Manipura, Svadhisthana, Muladhara (Activization of Organism)



3. THE EARTH MUDRA (Akash Mudra)

According to the Chinese natural philosophy, Earth is one of the primary elements, from which our body is constructed, one from the elements, defining type of the personality and tendency to certain diseases.

Indications:

worsening of the psychophysical state of organism, the state of mental weakness, stress.

Execution of this mudra improves the objective estimation of the own personality, trust to oneself and also makes the defence from the negative outer energy influences.

Execution:

ring finger and thumb are joined with tips with a small pressure.

The remained fingers are straightened.

It is done by both hands.

Chakras involved:

Sahasrara, Manipura (Harmonization and Activation of the Astral Body and its functions in external world)



4. MUDRA OF ENERGY (Apana Mudra).

Indications:

for the ensuring of the analgetic effect and also for removal of various poisons and wastes, that poison our organism.

this mudra heals the diseases of urogenital system and spinal column, leads to the cleaning of organism.

Execution:

fingertips of ring finger, pinky and thumb are joined together, and remained fingers are straightened and relaxed

Chakras involved:

Sahasrara, Anahata (work of heart, lungs), Manipura (gastrointestinal tract), Svadhisthana (urogenital system)

Activization of these systems strengthens the removal of wastes from the organism through all described mechanisms, which favours the cleaning.



5. MUDRA "THE STAIRWAY OF THE HEAVENLY TEMPLE"

Indications:

mentality disorder, depression.

Execution of this Mudra improves mood, removes hopelessness and melancholy state.

Execution:

fingertips of the left hand are closing between fingertips of the right hand (fingers of the right hand are always below).

Little fingers of both hands are free, straightened, turned up.

All Chakras are involved except Muladhara.

The attention is moving from the Physical Body, the frequency of cocoon is raising.



6. "LIFTING" MUDRA (Linga Mudra)

Indications:

any catarrhal diseases, throat inflammation, pneumonia, cough, a cold, an antritis.

Execution of this Mudra mobilizes host defenses, raises immunity and promotes fast recovery.

If you have excess weight, it's necessary to remove it.

It's necessary to keep a diet simultaneously with the making of this Mudra.

Too long and frequent using of this Mudra can provoke apathy and even lethargy - don't be overzealous!

Execution:

both palms are connected together, fingers are crossed among themselves.

The thumb (of one hand) is stuck and encircled by the index and thumb of other hand.

It is recommended to make Mudra alternately - for 5-10 minutes on each hand (accent is on the thumb).

The activization of this Mudra opens Central Channel of Kundalini for the connection to System's signal and filling of all Subtle Bodies with energy.



7. HAKINI MUDRA

(Hakini is a Goddess of the frontal, 6th chakra)

It improves memory, favours concentration of attention.

Execution:

Connect fingertips of the right hand with fingertips of the left hand.

Hakini Mudra can be practised at any time.

Influence:

If you'll want to remember something or to find the thread of conversation again, connect fingertips of both hands, lift your eyes upwards and touch the gum with the tip of a tongue during the breath.

Return tongue in usual position at exhalation.

Then make a deep breath, and all that you want should come to a head.

Moreover, this mudra could be helpful when you should concentrate on something for a longer time, realize some good ideas or remember something from the read before.

Do not cross your legs while doing intellectual work.

Such position of fingers has been investigated well enough in the scientific sphere.

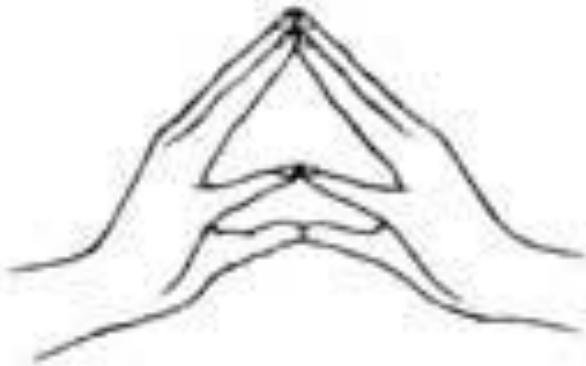
Researchers have defined, that it contributes to the interaction of the right and left hemispheres.

It's recommended nowadays to use it in the training of memory and management studies.

All Chakras are involved.

The shorting of the right and left parts of the cocoon is important.

The effect of activation of the links between Right and Left cerebral Hemispheres, activation of Consciousness and Subconsciousness is traced.



Man and Woman. The Reasonable Cooperation.

One theme is often discussed in Esoteric circles - is it necessary to build relations with an opposite sex, or it's better to devote oneself to the "development"?

Basically, it occurs from the misunderstanding of that fact, what is Development at the level of the 3-4 Castes, from the desire to ascribe some still absent properties to oneself...

There is a concept about Hermit - the person with the Assemblage Point on Vishuddha - Adjna, who have passed the First Initiation and who possesses active Consciousness "Super-I".

This person is the full-fledged "Cell of the System" with the developed Consciousness "Super-I", which appears after the consolidation of the Consciousnesses "I" and "Not-I"...

From here it becomes clear that People of the 3-4 Caste, who possess only Consciousnesses "I" (man) and "Not-I" (woman), are not the full-fledged (completed) Beings, but only halves from the point of view of System.

Therefore, on this level of development, everyone searches his second half...

The requirements to the second half are becoming clear from the understanding of the completeness of Consciousness (the formation of Consciousness "Super-I")...

Man and Woman should form the Egregor of a Pair which will have own Consciousness (the analogue of "Super-I"), and only then such Pair will be the full-fledged cell of the System...

Only such pair will promote the real development of both Man and Woman.
To such development, which is absolutely impossible alone...

Herefrom the question stands no longer, is it necessary to create pair for the developing person who has not reached yet the level of the Hermit, ...

It's absolutely necessary!!!

It is necessary for Adepts on the 3-4 level to create pair - but not with the people of the 2nd or the beginning of the 3rd Caste - the pair only with the equal ones.

With people ready to Develop, ready to work over themselves...

The pair which can make the Egregor of Pair...

Adepts of the Groups of Development have felt what is the Egregor of Pair (Group) during the work of the 4th stage...

Level of development (the position of AP) is necessary but not enough condition.

Simply, if man does not have the level necessary for development (Manipura +), he has absolutely other tasks in his life and he is not ready yet to the development - whatever he thinks to himself...

If the pair has the level necessary for development, it should be engaged in the Great Work - to learn the Reasonable Cooperation and to create own Contract (Egregor)...

Reasonable Cooperation is the basis and guarantee of the joint Development...

Reasonable Cooperation is the work on the removing of the self-importance (Self Significance Feeling, SSF), fears and other, it is the ability to listen and to hear the partner, the ability to speak openly about any - even the most personal, intimate and unsocial - aspects of a life, the ability to find compromises and solutions acceptable to both partners everywhere and in all...

It's a colossal work!!!

In the process of the Reasonable Cooperation, when the pair uses both Personal Consciousness "I" of man and Heuristic Consciousness "Not-I" of woman plus all accessible on the given level of development Esoteric possibilities (22nd, 21st, 19th, 18th, 20th Arcana, Testing on Tarot etc), the most powerful aquirement of new experience and the structuring of Cocoon on the level of Anahata occurs...

Moreover, every partner acquires his own missing properties during the teamwork.

Men activate Consciousness "Not-I", women activate Consciousness "I"...

The way to the full-fledged Consciousness "Super-I", the way to Initiation, to the Hermit (in the Contract, which allows to live in Society), lies through the Realized, Reasonable Cooperation of man and woman - through the Egregor of Pair...

The egregor of pair, formed at first at the expense of the Sexual Energy, further starts to exist permanently, holding partners in the more high-frequency state...

Egregor of Pair is not something formed automatically...

Egregor of Pair is formed only when the coincidence of levels and properties of partners occurs, when energy is flowing through the pair on all chakras...

Certainly, it's possible to raise any partner in a rank of the "King" ("Queen") and to pray on him - but what it specifically gives for the development of pair?
But whether is such "kingdom" the cover of the feeling of own inferiority?

The Developing Esoteric pair is where the Realized, Reasonable partners are, instead of the King with the servant or even with the Queen...

Kings are the people of the 3rd caste, who don't belong to oneself, who are completely "locked" within the limits of social norms and rituals...

And none of the Kings could marry for love!!!

The problem of creation of Esoteric pair on the level of 3-4 Caste is very serious, difficult and responsible, defining all further life and development of man and woman...

We are often watching, how many Adepts argue and write about the development and partnership, and then simply fall in love with pretty girls of the 2nd Caste, who sweetly whisper them about the readiness to "Develop" during the moments of passion...

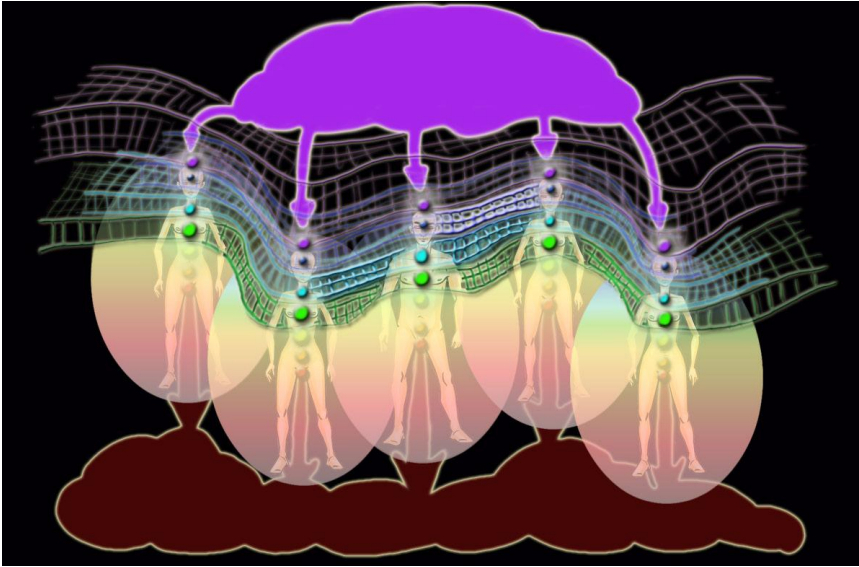
We are also watching the tendency of Adepts to ascribe the nonexistent level of development and nonexistent properties both to oneself and to partner...

It's possible to deceive oneself and to ascribe some properties to oneself during all the life, but elementary Criteria of Truth (Existence) return us immediately to reality...

If the pair does not know how to Cooperate Reasonably, does not know how to talk, to hear each other, to understand each other and to solve all tasks - then there is and there will be no Development of the Personality and Consciousness in such pair...

Reasonable Cooperation starts from the very first steps of Acquaintance, not only in words but also in practice...

Esoteric and Social Love.



It's time to talk about Love...

Love is the Energy Stream of "Space" from Esoteric positions, which charges Man and makes in him the potential of Yang Energy, which then is flowing through Woman to the "Earth"...

Love - is the Energy Stream...

It's a System process...

Now we can consider its components.

1. Man is the Potential of Yang energy.

We are in the multi-dimensional world and we speak about the multi-dimensional Energy.

If Man is not blocked by own SSF, he let the Space Stream through himself in the amount of the Personal Power and own Energy-Informational Properties...

The more Man removes his SSF, his "Exclusiveness" in the process of the Energy of Love passing, the more powerful and many-dimensional Potential of Yang he could create...

The better Chakral System of man works, the more multidimensional Potential he could create.

The higher his Assemblage Point is, the more Energy he is able to perceive and let through oneself on the top Chakras.

SSF disconnects Man from Space...

2. Woman is the "Potential" of Yin energy.

Woman "conducts" the Potential of Man through herself.

In order to do this, Woman should be well "grounded" and not blocked with own SSF.

SSF simply disconnects Woman from the Earth, and she couldn't "ground" the Man, couldn't pass the Stream of Energy of Love...

The better Chakral system of Woman works, the higher her Assemblage Point is, the more multidimensional and high-frequency Potential of Man she can spend through herself to the Earth...

3. The Egregor of Pair is formed when Man's "Space" Yang Energy flows through the Woman (Yin) to the "Earth", during the complete junction of the Energy-Informational structures of Man and Woman, especially on the top Chakras...

For the formation of Egregor it is necessary to remove SSF completely, to open to each other on all Chakras, to provide free Energy flowing through the pair and to strengthen sexual Energy... Egregor...

Sexual Energy is our built-in Energy Generator...

It is very important to have Sexual Energy circulating over all structure of pair instead of accumulating on Svadhistana, where it simply "blows up"...

The lifted Sexual Energy cleans all Energy Channels and Meridians, removes blocks, fills all Bodies, promotes to the creation of Egregor...

The Egregor of Pair is a new Energy-Informational Being, with the new Uniform Consciousness of pair, through which both Man and Woman perceive the world in the more expanded view and experience new, transcendental sensations...

4. SSF is the biggest enemy of Esoteric Love.

People have got used to live on the social rules and purposes.

Everyone has thought up to himself himself, partner and love...

Similar "idea" is blocking the natural flow of energy and is not allowing for Adept to feel the Stream of Energy of Love.

5. Society is a source of our Illusions and Imaginations about Oneself and about Love...

The social person of the 1-3 Caste lives in a "shell" as it is shown on the picture.

It is the "isolated" cell, which does not feel System and therefore invents to itself Itself, its world, its Love...

Only on the level of the Assemblage Point on Anahata, the person gains so-called "extrasensory" possibilities and starts to perceive System...

The lower Chakras are Chakras and Bodies of Organism (Physical, Etheric, Astral).

Organism is individual, closed and mortal...

Higher Chakras are the Chakras and bodies of Monad (Mental Bodies).

Monad is immortal and joined with other Monads...

Social Love is satisfaction of the Personal and Social needs - in Sex, Mode of Life, in the provision of the Social Status, in the making of the social cell of the Society etc.

Social Love is egoistic because it is based on the SSF - as the whole Society...

All to me, it's mine, mine...

6. Universal Love is the flow of Energy of System through the developed and non-blocked Men and Women...

It's absolutely clear that Energy is impersonal.

It's either flows or not.

Men and Women conduct it or not...

There's no place for Illusions and Fantasies.

Those, who has felt the flow of Energy of Love at least one time, will never forget this feeling and will not confuse it with something else...

Universal Love does not know the limits.

Every developed and non-blocked Man is the conductor of the Energy of "Space"...

Every developed and non-blocked Woman is the conductor of the Energy of "Earth"...

Such Men and Women are constantly in the Flow of the Love Energy.

In order to let the Man realise his Potential completely, the Woman is necessary, which would be able to conduct all his Stream...

In order to let the Woman be self-realised as the Woman, the Man is needed, who can fully "fill" her, who can conduct the Energy of the Stream on all active Bodies and all accessible Frequencies...

7. Combination of Universal and Social Love...

It's rather difficult and delicate theme...

As well as the Sun is shining to all Planets, the Developed, Non-Blocked Man conducts Energy of Love on all Women, who are able to conduct this Stream...

And the Developed, Non-blocked Woman is able to conduct Energy of Love of any Man, who can create the Stream, to the Earth...

To accept Energy of any Sun...

Developing pair should be ready and opened to similar reality...

It is the absolutely new stage in the relations, demanding very serious work with the SSF, Personality, Energy, Consciousness...

On the other hand, it's the strongest stimulus and energy to further Development...

SSF and Personality

We devote much time and forces to the working off of the SSF...

The question is - where the boundary between SSF and Personality lies?
Whether is the struggle with SSF the destruction or corrupting of the Personality ?

The question, by the way, is not so simple...

Let's give our answer immediately.

Both SSF and Personality are the Structure.

Personality is the Structure created under the influence of the System (External Reality), while SSF is the Structure created under the influence of Society and Internal Reality...

The person of the 1-3 Caste stays completely in Society.
He does not have any own perception and sensation of System - of External Reality.

Therefore, the person of the 1-3 Caste is building the Structure of SSF, which helps him to live in Society and to struggle for the place under the social Sun...

But when Adept starts to move to the 4th Caste, he gains the Extrasensory potential and starts to perceive System, then it becomes clear that System "lives" under other laws, than Society, and the acquired Structure of SSF simply interferes to the perception and passing of the System Signal...

At this stage the "working off" of the SSF begins - the eliminating of the Social "Personality" and building of the System Personality...

The problem of detection of SSF is clear from here...

After all it is our Social Personality, which lives exactly how it have learnt to live in Society...

To help beggars, to be sorry for all, to be afraid of death, to try to snatch a maximum during the life etc. - a lot of "good things"...

It's possible to see and to feel it only after that moment, when Adept (at least transiently) will have a sensation of the System, will feel the Pure System Signal in 22nd, 21st, and 19th Arcana...

When Adept from the state of inclusiveness in System (19th Arcanum) will try to "look" at own Aims and Meanings of life, at own priorities, desires and paths of their reaching...

It's impossible to understand SSF with Mind, being in Society, because SSF itself is a form of social life...

When social people, having read "clever" books, start to struggle, supposedly, with own SSF - then they simply change one form of social behaviour to another, that does not eliminate SSF (Social Person) in no way, but only alters it...

Personality is the acquiring of the skill to live in the System...

On every stage of Development, in every Caste, in every Incarnation the unique level of Personality is aquired...

Therefore, we speak about Man as the extended Personality on the time line, and about SSF as wrong Algorithms of Behaviour or Social Subpersonality...

We offer you the Card of the 23rd Arcane - "Great I"...

The action takes place in the Mire - in the Social Mire...

The frog means SSF - the Social Subpersonality (Great and Almighty "I")...

The fog encloses Society from the System...

The arrow means the System Signal which has "arrived" from behind the fog, and which is ignored by the SSF...

Great "I" always knows itself, what to do...

He has it's own program of Development, and he is "Developing"...

Images of the 1st (Great Yang) and 3rd (Great Yin) Arcana mean the prospective level of own development and level of the desirable partner...

